



C.G. JUNG Institutet København  
Dansk Selskab for Analytisk Psykologi (DSAP)  
member of the International Association for Analytical Psychology

# Supervision Course November 2016



*Mandala by Gaudi. Parc Guell, Barcelona*

**Postgraduate Programme in Supervision**  
*Organized by DSAP and the Jung Institute, Copenhagen*

# Postgraduate Program in Psychotherapy Supervision

## *The DSAP Certificate and Diploma in Supervision*

Friday November 25 - Sunday November 27, 2016

The C.G. Jung Institute in Copenhagen and the Danish Society for Analytical Psychology (DSAP) invite to an

### **Introduction to the psychology of supervision; a psychodynamic approach *informed by Jungian theory and practice***

This 2 1/2 days course from Friday, Nov. 25 at 10:00 am to Sunday, Nov. 27 at 14:00 pm will combine the theory and practice of clinical supervision. The introductory course will be informed by a psychodynamic approach including theoretical and clinical aspects of analytical psychology. The clinical component of the course will be organized around small groups with supervision of psychotherapy supervision cases. Participants are encouraged to bring examples of their own supervisory cases to the course. Each group will be led by one of the lecturers/organizers.

We welcome participants who are trained as psychotherapists and/or Jungian psychoanalysts and have worked in clinical practice for at least two to three years since graduation. We welcome also those therapists and analysts who have begun to supervise and would like to learn more.

This is the first event of what we hope will become regular courses on the theme of supervision.

### **Generally**

Psychotherapy supervision can be conducted both within private and public work settings and also as part of training within a collaborative learning community.

Supervision within a work setting will support the practice of psychotherapy within a range of settings where psychotherapy is the method of treatment. In addition to supervision of work in a private practice, the course will also support work in the field of social welfare (both social support and advisory treatment), in the treatment of abuse, within pastoral activity, in crisis and trauma cases, e.g. when working with refugees etc.



The aim of this kind of supervision can be formulated as first and foremost to facilitate for the psychotherapist/supervisee, ethical, creative and effective work with their clients. The aim of supervision too is to help prevent any deterioration of practice if the therapist is overworking, ill or becoming estranged from his/her own public or private work setting.

Within training, supervision, can be seen from a different angle. This kind of supervision is more about giving help to a less experienced practitioner. It is more about reaching a deeper understanding and experience of the work at hand and helping supervisees in training to develop their confidence and consciousness about all aspects of the supervisory process, including the application of theory, parallel process and the role of the supervisor's personality.

The supervisor has a professional responsibility to ensure that his/her supervisees are developing well, especially if they are in training. The supervision process can make intense demands on the supervisor, especially when having to evaluate candidates, and on occasion, convey to supervisees that their work is not of a good enough standard. With more intensive psychotherapy, the supervisor needs to be able to help supervisees recognize when their clients are regressing, need additional support than the therapy can provide, and when supervising candidates within their own institutes, attend carefully to professional boundaries.

## Target Group for the Supervision Course:

We are pleased to invite:

Qualified Jungian psychoanalysts from the Scandinavian and Baltic region but also from other parts of the world.

Qualified experienced psychotherapists/ psychoanalysts working in private practice, in the public sector and/or in other work settings.

We welcome applicants who are already supervising as well as those who are thinking about becoming supervisors and are keen to learn about the theory and practice of supervision.



## Programme

### Friday, November 25

**10:00 – 11:15** Why is Training in Clinical Supervision important? Introductory Presentation by Jan Wiener.

**11:15 – 11:30** Coffee/tea

**11:30 – 12:30** Reflection Group: On the Experience of Being Supervised.

**12:30 – 13:30** Lunch

**13:30 – 14:45** The Transformative Journey from Trainee to Competent Clinician to Supervisor. Presentation by Gunilla Midbøe

**14:45 – 15:00** Coffee/tea

**15:00 – 16:00** Clinical Case Discussion Group: Supervision of a presentation of a psychotherapy supervision case.

**16:00 – 16:30** Plenary: reflections from the day.

**16:30** Close

### Saturday, November 26

**10:00 – 11:15** The supervisory relationship as a Matrix. Jan Wiener.

**11:15 – 11:30** Coffee/tea

**11:30 – 12:30** Master Class. Jan Wiener.

**12:30 – 13:30** Lunch

**13:30 – 14:45** Supervision in Groups. Gunilla Midbøe

**14:45 – 15:00** Coffee/Tea

**15:00 – 16:00** Group with Case Material. Supervision of a psychotherapy supervision case presentation.

**16:00 – 16:30** Plenary - reflections from the day.

**16:30** Close

### Sunday, November 27

**10:00 – 11:15** Transference Dynamics in Supervision. Jan Wiener.

**11:15 – 11:30** Coffee/Tea

**11:30 – 12:30** Reflection group – reflective discussion covering the whole 2 ½ days course.

**12:30 – 13:00** Plenary – reflection from the small groups into the whole group of the course. The next steps?

**13:00 – 14:00** Close with Lunch and farewells.

**Seminar-leaders: Jan Wiener, Gunilla Midbøe, Misser Berg**



## Practical Information

The Supervision Course takes place in

**Hvidehus,**  
Valbygaardsvej 64A,  
2500 Valby.  
Tel. 2485 0148 or 5070 5226  
email: [info@hvidehus.com](mailto:info@hvidehus.com)  
<http://hvidehus.com/>



*Hvidehus, seminar-room*

Members of DSAP and IAAP can participate in the Supervision Course for a Member Fee. Routers and Members of IAAP from Developing Groups in Central and Eastern Europe can attend for a special fee.

Fee incl. lunch, coffee and fruit/cake each day, in all:

**Members: DKK 3.500 (EUR 470)**  
**Guests: DKK 4.000 (EUR 535)**  
**Routers/DG members: DKK 1.500 (EUR 200)**

Registration is binding and must be done via email to [institut@cg-jung.dk](mailto:institut@cg-jung.dk) incl. information about name and possible membership and simultaneous bank-transfer to

**Danske Bank**  
**Reg. no. 1551, Account no. 1594907**

**IBAN: DK463000001594907**  
**BIC/Swift: DABADKKK**

Please note: "Supervision" and your name.

If you need an electronic receipt, please note this when you register and please send the name and address of the working-place, EAN-number and reference to [institut@cg-jung.dk](mailto:institut@cg-jung.dk)

**Registration must be before October 15, 2016.**

Seats are limited. In case of overbooking message will be sent and payment returned to the persons concerned. For further information contact [institut@cg-jung.dk](mailto:institut@cg-jung.dk)



**Dansk Selskab for Analytisk Psykologi**  
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